

# BRINGING HOTSPOTTING PHILOSOPHIES TO MONTANA

“Hotspotting” is a data-driven approach to identify and better support high-cost, high-needs patients who are “super utilizers” of health care services and systems.

1% of patients  
account for  
22% of total  
health care  
expenditures.

Super-utilizer patients usually have multiple

- emergency department visits,
- hospital admissions,
- chronic conditions,
- mental health concerns,
- substance abuse concerns and/or
- complex social barriers to care.

Using recently awarded funding from the Centers for Medicare & Medicaid Services (CMS), Mountain-Pacific will work in Montana communities over the next two years, using hotspotting philosophies to bring together new and existing resources and technologies to develop intervention teams—called Resource Teams—to support Montana’s super-utilizer patients.

While these efforts will be focused in Billings, Helena and Kalispell, strategies and interventions will be spread across the state. Mountain-Pacific will

- test, fund and deploy Resource Teams in a rural location to reduce readmissions;
- partner with nationally renowned Camden Coalition of Healthcare Providers to provide technical assistance to interested Montana communities;
- spread best practices through the development, coordination and scaling of Resource Teams;
- work with payers to develop sustainable payment mechanisms for community health teams;
- save health care dollars through improved coordination of care.

For more information, contact Lara Shadwick at [Lara.Shadwick@area-h.hcqis.org](mailto:Lara.Shadwick@area-h.hcqis.org) or at (406) 457-5824.

