The Quality Payment Program (QPP) and Mountain-Pacific's Diabetes Program

Mountain-Pacific Quality Health sponsors Diabetes Empowerment Education Program (DEEP)™ classes across the state. We can help you meet QPP requirements under the Merit-based Incentive Payment System (MIPS) by highlighting two Performance Categories: Improvement Activities and Quality Measures.

Improvement Activities (15% of Final Score)

Here are the Improvement Activities that align with Mountain-Pacific's DEEP initiative:

IA_PM-5: Engagement of community for health status improvement (Weight: Medium)

Take steps to improve health status of communities, such as collaborating with key partners and stakeholders

IA_BE_3: Engagement with QIN-QIO to implement self-management training programs (Weight: Medium)

Engagement with a Quality Innovation Network-Quality Improvement Organization, which may include participation in self-management

IA_BE_20: Implementation of condition-specific chronic disease self-management support programs (Weight: Medium)

Provide condition-specific chronic disease self-management support programs for coaching or link patients to those programs in the community

IA_CC_14: Practice improvements that engage community resources to support patient health goals (Weight: Medium)

Develop pathways to neighborhood/community-based resources to support patient health goal that could include one or more of the following:

- Maintain formal (referral) links to community-based chronic disease self-management support programs, exercise programs and other wellness resources with the potential for bidirectional flow of information, and/or
- Provide a guide to available community resources

IA_BE_18: Provide peer-led support for self-management (Weight: Medium)

Provide peer-led support for self-management

IA_PM_11Regular review practices in place on targeted patient population needs (Weight: Medium)

Implementation of regular reviews of targeted patient population needs, which include access to reports that show unique characteristics of eligible professional's patient population, identification of vulnerable patients and how clinical treatment needs are being tailored, if necessary, to address unique needs and what resources in the community have been identified as additional resources

IA_PM_13: Manage chronic and preventive care for empaneled patients (Weight: Medium)

Proactively manage chronic and preventive care for empaneled patients that could include one or more of the following:

- Provide patients annually with an opportunity for development and/or adjustment of an individualized plan of care as appropriate to age, and health status, including health risk appraisal; gender, age and condition-specific preventive care services; plan of care for chronic conditions; and advance care planning
- Use condition-specific pathways for care of chronic conditions (e.g., hypertension, diabetes, depression, asthma and heart failure) with evidence-based protocols to guide treatment to target
- Use pre-visit planning to optimize preventive care and team management of patients with chronic conditions
- Use panel support tools (registry functionality) to identify services due
- Use reminders and outreach (e.g., phone calls, emails, postcards, patient portals and community health workers where available) to alert and educate patients about services due
- Routine medication reconciliation

Quality Measures (60% of Final Score)

Here are the Quality Measures that align with Mountain-Pacific's DEEP initiative:

- **Quality ID 001** – Diabetes: Hemoglobin A1c Poor Control
- **Quality ID 117** – Diabetes: Eye Exam
- **Quality ID 119** – Diabetes: Medical Attention for Nephropathy
- **Quality ID 163** – Diabetes: Foot Exam
- **Quality ID 126** – Diabetes Mellitus: Diabetes Foot and Ankle Care, Peripheral Neuropathy
- **Quality ID 127** – Diabetes Mellitus: Diabetic Foot and Ankle Care, Ulcer Prevention
- **Quality ID 019** – Diabetic Retinopathy: Communication with the Physician Managing Ongoing Diabetes Care
- **Quality ID 317** – Preventive Care and Screening: Screening for High Blood Pressure and Follow Up Documented
- **Quality ID 236** – Controlling High Blood Pressure
- **Quality ID 373** – Hypertension: Improvement in Blood Pressure
- **Quality ID 438** – Statin Therapy for Prevention and Treatment of Cardiovascular Disease

How Mountain-Pacific Can Help You: Our Action Plan

Mountain-Pacific Quality Health uses Diabetes Empowerment Education Program (DEEP)™, a nationally recognized, evidence-based diabetes self-management curriculum, in Montana, Wyoming, Alaska, Hawaii and Guam. DEEP participants learn about diabetes and its effects on their health. The program also covers the importance of diet, physical activity, working with providers to maintain health, managing medications and more. Mountain-Pacific trained educators provide DEEP classes and also train peer facilitators to deliver the curriculum. Read more about DEEP: http://mwlatino.uic.edu/deep-program/

We can provide tools about patient engagement for diabetes self-management education and DEEP. We can then work together to:

- Identify patients who would benefit from DEEP
- Flag the patients' records for their next visit so they can be referred to DEEP
- Develop a process for inside and outside referrals
- Develop a feedback loop so you will get updates about your patients who participated in DEEP
- Develop a process for updating your electronic health records
- Develop a process to address any patients who fail to attend DEEP classes

Additional Resources

American Association of Diabetes Educators: http://www.diabeteseducator.org

- Other accredited diabetes programs: https://www.diabeteseducator.org/patient-resources/find-a-diabetes-educator

American Diabetes Association: http://www.diabetes.org

CDC Prediabetes Screening Test: https://www.cdc.gov/diabetes/prevention/pdf/prediabetestest.pdf

QIO Program: http://qioprogram.org/diabetes-prediabetes-and-cardiovascular-preventive-services

- Everyone with Diabetes Counts Foot Care Campaign: http://qioprogram.org/edc-foot-care-campaign

2017 ADA® Standards for Medical Care in Diabetes:
http://professional.diabetes.org/sites/professional.diabetes.org/files/media/dc_40_s1_final.pdf

Quality Payment Program: https://qpp.cms.gov

Mountain-Pacific Quality Health: http://www.mpqhf.org/qio

- Quality Payment Program Homepage: http://www.mpqhf.org/qio/qpp-home-page/

Quality Improvement Organizations
Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES

Mountain-Pacific Quality Health

EDC
Everyone with Diabetes Counts

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Contact Mountain-Pacific: http://mpqhf.org/QIO/contact-us/